



Puredental Studios
Liverpool City Tel: 0151 709 1317
Allerton Tel: 0151 722 0884

White Fillings

This page provides information about the pros and cons of white fillings as compared with silver amalgam fillings. There are several important differences between the two types, it's not just a matter of appearance.

As a patient, your dentist should inform you of the availability of the white composite fillings. If you have had amalgam fillings placed in your mouth without being offered the option of having white fillings instead, the dentist has not performed his or her legal duty.

Given the opportunity to make a fully informed choice, my experience is that the vast majority of today's dental patients will choose white fillings. There are several reasons for this: In the view of many, the mercury in amalgam fillings is viewed as potentially toxic.

Also, the feeling is that the white composite fillings represent a more advanced technology. Additionally, composite fillings are more aesthetic. For all these reasons, the public is demanding white and, with today's technology, composite fillings can easily withstand the stress required to serve in a back tooth.

See how beautiful these teeth look after removing the old fillings and replacing them with bonded white fillings. Besides looking better, these teeth are now more resistant to fracture.



Since they bond to the tooth, composite fillings restore most of the original strength of the tooth. Silver fillings weaken the teeth, making them more susceptible to breaking. Since broken teeth are very expensive to restore, composites can save a lot of expense over the

long run.

Composite fillings restore the natural appearance of the tooth.

Teeth restored with white fillings are less sensitive to hot and cold than teeth restored with amalgam, if correct techniques are used.

Composites are mercury-free fillings. Mercury in fillings is viewed by some as being toxic.

Composites require less removal of tooth structure. Especially with new cavities, the size of the hole made for the filling can be dramatically smaller with composites.



Before



After